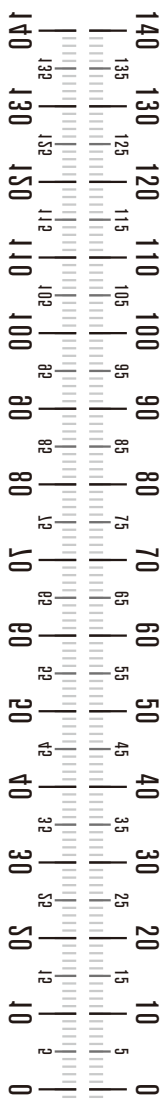


# GUT OFF



USING A FRIEND  
OR IN A MIRROR

If a credit card fits in this box,  
your print scale is correct.

## HOW TO FIND YOUR SIZE

To find your size we advise you to find your total width across the face. We have made a measurement tool for you that is easy to print out and cut yourself.

### STEP

- 1 Print the measurement tool.
- 2 Cut out the small square.
- 3 Place the measurement tool on your face.  
Time the result with 2 -  
example  $66 \times 2 = 132\text{cm}$  total width

*orgreen*